

# Collaboration between Indira Mahavidyalaya, Kalamb Dist. Yavatmal & Chetan Dhorajiwala Sweets, Yavatmal

Name of the Activity: Nutrition for a Healthier Future



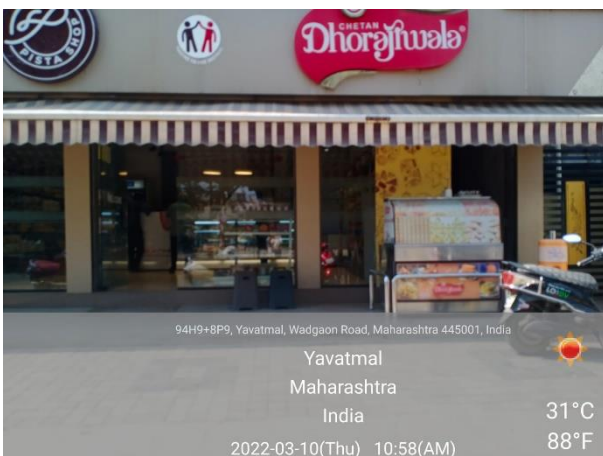
Collaboration between Indira Mahavidyalaya, Kalamb Dist. Yavatmal & Chetan Dhorajiwala Sweets, Yavatmal

## Nutrition for a Healthier Future

Date: 22/03/2022 Time: 11:30 AM

Resource Person  
Mrs. Mamta Sakriya

Venue  
Department of Home Economics  
Indira Mahavidyalaya, Kalamb



## Attendance Sheet

### Attendance sheet

Sl. No.	Name of Student	Signature
1)	Suhani Vinod Thakare	
2)	Suhani Advindar Marathe	
3)	Poayal Santosh Asutkar	
4)	Ruchita Santosh Dukare	
5)	Ashwini Santosh Bawane	
6)	Sweeti A. Chaudhari	
7)	Gayatri D. Bidwalk	
8)	Achal S. Mavale	
9)	Poayal A. Madavi	
10)	Vijay R. Chandare	
11)	Poojita S. Kulkarni	
12)	Rumal P. Atam	
13)	Manasi S. Madavi	
14)	Kishnavi V. Gohane	
15)	Sheela Shamrao Meshram	
16)	Sonali D. Khatke	
17)	Dhanshri B. Khandale	
18)	Gauri Vinodao Bangade	
19)	Tanya Prabhakar Pise	
20)	Patliksa Sanjay Thakare	
21)	Yuvika Rakesh Marathe	
22)	Saniya Umre	
23)	Tanuja M. Jambhale	
24)	Vaishnavi Vijay Isphar	
25)	Dhanshri Sunil Khudsange	
26)	Sakshi Prafulla Bhargava	
27)	Rutuja Gayatri Madavi	
28)	Nisha Parvashantam Shinde	
29)	Cherna Jitendra Katar	
30)	Kiran Rajendra Thakare	
31)	Vishal H. Nargade	
32)	Ashwin D. Narayana	
33)	Anurag M. Chinchalkar	
34)	Sumit P. Dage	
35)	Devanand G. Khandre	
36)	Roshan S. Madavi	



## Report

<b>Name of Activity:</b>	<b>Nutrition for a Healthier Future</b>
<b>Purpose of the MoU:</b>	<b>Knowledge Sharing</b>
<b>Date:</b>	<b>22/03/2022</b>
<b>Number of Participants:</b>	<b>36</b>
<b>Venue:</b>	<b>Department of Home-Economics, Indira Mahavidyalaya, Kalamb Dist. Yavatmal</b>
<b>Name of the Resource Person:</b>	<b>Mrs. Mamta Sakriya Chetan Dhorajiwala Sweet, Yavatmal</b>

On March 22, 2022, a Memorandum of Understanding (MoU) was signed at the Department of Home-Economics, Indira Mahavidyalaya, Kalamb, Yavatmal. The purpose of this MoU was to facilitate knowledge sharing on the topic of "Nutrition for a Healthier Future." The event witnessed the participation of 36 individuals, including faculty members, students, and staff members, all keen on advancing their understanding of nutrition and its impact on overall health and well-being.

Department of Home-Economics, known for its commitment to promoting skills related to nutrition, cooking, and household management, served as the perfect host for this collaborative initiative. Mrs. Mamta Sakriya, a renowned figure in the field of nutrition and the owner of Chetan Dhorajiwala Sweet in Yavatmal, graced the occasion as the esteemed Resource Person. Her expertise and practical insights added immense value to the event, enriching the knowledge of participants and fostering a deeper understanding of nutrition-related concepts. The ceremony commenced with an opening address, highlighting the significance of nutrition in maintaining good health and preventing various diseases. The MoU signing ceremony symbolized a commitment to ongoing collaboration and knowledge exchange among the participants, laying the foundation for future endeavors in the field of nutrition.

Mrs. Mamta Sakriya, in her enlightening session, delved into various aspects of nutrition, including the importance of balanced diets, dietary requirements across different age groups, and the role of nutrition in disease prevention and management. Through interactive presentations and real-life examples, she engaged the audience, encouraging active participation and discussions.

The event provided a platform for sharing best practices, experiences, and innovative approaches in promoting healthy nutrition habits within the community. Participants had the opportunity to network, exchange ideas, and explore potential avenues for collaborative projects aimed at promoting nutrition awareness and education.

S. S. Sakriya.  
Sunil B.  
SUNIL BACHUBHAI SAKRIYA  
KARTA

P. B. Mandake.  
PRINCIPAL  
Indira Mahavidyalaya  
Kalamb Dist. Yavatmal